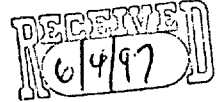


Weider Nutrition Group  
1960 South 4250 West  
Salt Lake City UT 84104

## **STRUCTURE / FUNCTION CLAIMS**

### **NUTRIENT: B Complex Vitamins**



DATE: May 23, 1997

BY: Luke R. Bucci, PhD

Document Name: sf05bcom.wpd

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BRAND, CODE # & PRODUCT NAME(S): Schiff 10210 Hi-B Complex 250c

NUTRIENT AMOUNT: Thiamin, riboflavin, niacinamide, pyridoxine, folate, vitamin B12, biotin, pantothenate, choline, inositol, PABA from yeast and some added vitamins

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#### **STRUCTURE/FUNCTION CLAIM:**

**Hi-B Complex** contains some natural sources of B-complex vitamins from high potency primary and brewer's yeasts, with B-12. B vitamins assist in the release of energy from foods.

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LR Bucci 5/23/97  
Approved by / Date

#### **REFERENCES:**

1. Machlin LJ, Ed. *Handbook of Vitamins. Second Edition, Revised and Expanded*, 2nd ed., Marcel Dekker, New York, 1991.
2. Combs GF. *The Vitamins. Fundamental Aspects in Nutrition and Health*, Academic Press, San Diego, 1992.

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